

# 2017 editorial calendar

## departments

**health**briefs      **conscious**eating  
**global**briefs      **wise**words  
**eco**tips            **fit**body  
**green**living        **inspiration**  
**healing**ways      **natural**pet  
**healthy**kids



## themes

**JANUARY**      health & wellness  
                          plus: affordable  
                          complementary care  
**FEBRUARY**      conscious dying  
                          plus: children's dental health  
**MARCH**        food sensitivities  
                          plus: holistic eye health  
**APRIL**          eco-yards  
                          plus: medical massage  
**MAY**            natural pregnancy  
                          & childbirth  
                          plus: women rising  
**JUNE**            chronic pain remedies  
                          plus: hybrid vehicles update  
**JULY**            natural detox options  
                          plus: true prosperity  
**AUGUST**        rethinking cancer  
                          plus: reframing autism  
**SEPTEMBER**    graceful aging  
                          plus: yoga  
**OCTOBER**      transformative travel  
                          plus: chiropractic  
**NOVEMBER**    diabetes prevention  
                          & reversal  
                          plus: silent retreats  
**DECEMBER**    uplifting humanity  
                          plus: holidays

**natural**  
 awakenings®

